

Time your walks for the coolest part of the day.

Tip #1

Bring a water bottle and a dog bowl to give your dog a drink.

Tip #2





Tip #3

Walk in the shade as much as possible.

Tip #4

Check the sidewalk or road to make sure it's not too hot.

Tip #5

Consider dog-friendly sunscreen to protect against sunburn.

Tip #6

If the heat is getting to your dog know when to turn back.

Tip #7

Tip #8



Know the signs of burned paws.

Limping; excessive biting of feet; discolored pads, redness; or blisters on the paws.



Know the signs of heat stroke in dogs.

Excessive panting and drooling; difficulty breathing; fever (dog's nose is dry and hot); bright red, gray, purple or blueish gums; rapid pulse; weakness; vomiting or diarrhea; lack of urine; muscle tremors; dizziness.



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