

7 Tips to REDUCE HUMIDITY in Your Home



1

Running your air conditioner

- ✓ Set air conditioner to “auto” rather than “on”
- ✓ Keep air conditioner well maintained

2

Buy a dehumidifier or consider these DIY alternatives

- ✓ A bucket of charcoal briquettes, rock salt or kitty litter can absorb humidity in the air

3

Fix leaks and gaps

- ✓ Repair leaky faucets and pipes
- ✓ Add caulk and weatherstripping around doors and windows to keep hot, humid air out

4

Create airflow

- ✓ Keep vent fans on a little longer after showering or cooking
- ✓ Make sure there is proper ventilation in your attic

5

Limit humidity from under your home

- ✓ Cover any dirt floors with a vapor barrier
- ✓ Keep gutters and downspouts clear & water flowing away from your home

6

Be conscious of daily living choices

- ✓ Hang clothes outside to line dry
- ✓ Cooler and shorter showers, open a window to release extra humidity

7

Utilize house plants

- ✓ Some house plants produce moisture and others absorb it – a Boston fern will absorb humidity while a spider plant will make it more humid
- ✓ Move your moisture-producing plants to one room with good airflow or outdoors if possible.