

D!SASTER PREP

AS A DIVORCED PARENT

Set aside past feelings.

- Communicate with your ex during a disaster
- Call to discuss a plan

Consider your blended/mixed family's specific needs.

- The ages of your children will determine how much assistance they will need
- Remember medical needs, disabilities, and special dietary restrictions
- List each family member—human & animal—and specific needs they have

Determine the responsible party.

- Children who are in school or daycare will need to be picked up in the event of a disaster
- Pets may need to be secured or transported
- Designate a responsible party to pick up children and one who will manage pets
- Make sure that individual is on the approved pickup list at school or daycare

Remember!

Create an In Case of Emergency (ICE) card.

- List contact info for each member of both families and caregivers
- This includes work phone, home phone, and cell phone number
- Keep copy of ICE card in each adult's wallet and children's backpacks
- Choose an out-of-state contact to call in the event that your state's phones are down
- Teach your child at least one parent's cell phone number
- If cell phone service is down, advise your children to follow the guidance of trusted adults such as teachers, school administrators, and caregivers
- Consider a prepaid phone card for use in an emergency

Choose a meeting place.

- Your home may not be the safest place to take shelter
- Designate a nearby familiar location to meet

Pack a grab-and-go emergency kit.

- Pack a bag for everyone in your family, including pets
- Include supplies for 3 days
- Keep a bag for each family member at both households
- As children grow, needs change, update kits regularly

Practice, practice, practice.

- Schedule time to practice the plan with your children
- Practice different kinds of emergencies with each parent

Type of disaster matters.

- Have a plan for different types of disasters
- In a hurricane, tornado or high-wind storm, stay inside in your home
- In an evacuation, you may need to leave your home suddenly
- Communicate with your ex, notify the other that the children are safe

There's an app for that.

- FEMA offers interactive checklists and emergency safety tips
- Red Cross provides apps specific to hurricanes, tornadoes and earthquakes
- The government has resources for disaster planning, including games kids can play to get ready

1.866.704.8614
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AUTO AND HOME INSURANCE