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STRATEGIES TO PREVENT BULLYING

Maintain Consistent Classroom Rules

Create an environment of respect with clear expectations and follow through with consequences immediately if the rules are broken.

Bullying & Social Media Lesson

Early in the year, go over how to avoid and handle cyberbullying. Let students know bullying will not be tolerated.

Get the Entire Story & Act Immediately

If bullying does occur, talk to each student involved separately. Listen, don't blame, hold all parties accountable for their actions or lack of action.

Provide Ongoing Support

Check in with students who have struggled with a bullying situation: victims, witnesses, AND bullies to help prevent bullying in the future.

Create a Safe Environment

Create a classroom that is safe and supportive. Students should be aware of your willingness to listen & help them if they are in a bullying situation.

Be Aware of School Bullying Policies

Brush up on your district & school bullying policies and procedures. When you know the rules, you can feel confident implementing them.

Open Up Lines of Communication

When students know that their parents are only an email or phone call away from their teacher, they are less likely to commit acts of bullying.

Get Other Teachers Involved

Talk with colleagues to identify the needs of specific students, or areas of the building, that may need additional supervision.

Educate Yourself

Seek out professional development courses and free resources that will help you learn best practices about bullying.

Create a Club Against Bullying

Sponsor a peer group where students describe the impacts and solutions to bullying. Start a no-bully campaign at your school.



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